



Champions for Change Youth Day

Mount Gambier – Tuesday, 29th May 2018

Locally supported by:



Bringing together Year 6 - 8 students from local schools to share ideas on how to promote body confidence within their school community

We invite **approx 6** of your students to participate in the following session

Date	Tuesday, 29 th May
Time	9am – 12pm
Venue	City Hall

As body esteem is not gender specific, we recommend and encourage students of all genders to attend.

What to expect on the day:

- Peer-led activities exploring body esteem within our society
- Strategies to becoming a Champion for Change Leader to promote body confidence
- Small group workshops to create a Take Action Plan for implementation back at school

It is **FREE** to attend but places are limited. Please register your interest as soon as possible.

Contact: helen.bird@thebutterflyfoundation.org.au 02 8456 3908

The Butterfly Foundation is Australia's largest charity supporting those affected by eating disorders and negative body image. We are bringing our unique whole community program to young people, parents & professionals in Mt Gambier week of 28th May

Butterfly acknowledges the support of:

